

Fighting Fit Judo Club



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British Judo Association club registration No. 9050

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Norfolk
NR31 7RT

We would like to extend a warm welcome to you from all of us at Fighting Fit Judo Club.

(full details of our club can be found on our website shown above)

Your first session at our judo club is free of charge so that you can try it to see if it is for you. We have no restrictions as far as age, sex or standard is concerned as our head coach is fully qualified and has fought and trained at the highest level in the sport and can take anyone from a recreational player just wanting to keep-fit up to the highest level they wish (the majority of members are somewhere between the two levels)

If you wish to become a member of our club after the free session, there is a one-off joining fee of £10 (for which you will also receive a club tee-shirt worth £8) with only the mat fee having to be paid at each session you attend. (apart from the free session)

Please fill in the details below and hand them in when you pay the joining fee so that we have full details in case of emergency.

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Name: _____ Date of birth: _____

Weight: _____ Grade: _____ Licence No: _____ Expiry Date: _____

Address: _____

Postcode: _____

Phone no: _____ Mobile: _____ E-mail: _____

Alternative name & phone no. (in case of emergency): _____

Doctor's name & phone no: _____

Medical problems: _____

Any other info: _____

How did you hear about us? _____