

Fighting Fit Judo Club



Coached by Dominic King
Senior Ex-International
Former British Champion
Norfolk County Coach

Tel: 01493 664089 Mobile: 07977 432756

e-mail: Dominic@FightingFitJudo.co.uk

Website: www.FightingFitJudo.co.uk

British Judo Association club registration No. 9050

1 Baillie Close
Gorleston
Gt Yarmouth
Norfolk
NR31 7RT

FOR THE ATTENTION OF ALL IN THE ELITE SQUAD AND INVITED GUESTS

The next Elite Squad training session details are as follows:

Venue: Winterton Primary School
Black Street
Winterton
Gt Yarmouth
NR29 4AP

Date: Sunday 13th May 2012

Time: 10.00am to 12 noon

Cost: £5

IMPORTANT! All players attending these sessions should bring with them their judo suit, training gear (shorts, tee-shirt, track-suit, trainers) and also a suitable drink to avoid dehydration.

Please arrive at least 15 minutes before the session to book-in.

It is important to complete and return the tear-off section below to Dominic as soon as possible to determine number of players willing to attend (if the numbers are insufficient to cover the expenses (venue hire etc), the session will be cancelled)

Dominic can be contacted via e-mail, text, telephone or post or the slip can be handed back in person at any judo session.

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Elite Squad training session at Winterton Primary school on Sunday 13th May 2012

Name: _____ will/will not (delete as applicable)

be able to attend the above training session. Please make sure that this

slip is completed as soon as possible and returned to Dominic by any of

the above means. All contact details are at the top of this letter.