



Shimoto Ryu Judo Kwai Invitation Judo Camp

WELCOMES

Judoka's over the age of 8 years, to come along and spend a great weekend at our Judo Camp at Hallowtree Scout camp, Ipswich.

We hire the main Scout complex, which consist of:

- A large Hall where we lay the Judo Mats.
- A large eating hall with tables and chairs where we eat our meals.
- 6 small rooms for sleeping (3 or 4 per room).
- Medium size room for sleeping (8 to 10).
- A large size room for the girls with a shower and toilet block.
- A shower and toilet block for the boys.
- 2 kitchens to prepare food.

The Camp will begin at 10:00am on Sat. the **28th May 2011**, everyone will be assigned a place to sleep and sit down in the canteen where we will have our packed lunch, which everyone will need to bring on the first day. They will then be given a briefing on what they can do, and what they cannot do.

16 year olds and above can use tents.

There are a few places available if there are any parents who wish to come along and help with all the fun **PLEASE PUT YOUR NAMES FORWARD**. We sure can do with the help. Adults will need a tent or caravan, or sleep in the dojo with a few others.

When we are not doing Judo, the rest of the day is taken up with other activities;

- 1). Archery (1-1/2 hour sessions)
- 2). Rifle Range (1-1/2 hour sessions)
- 3). Football games
- 4). Rounders
- 5). Long walks
- 6). Campfire circle (Where we see who knows the scariest stories.)
- 7). There will be a Tuck Shop at the camp (for sweets and drinks).

Saturday judo starts after lunch followed by outdoor games, Afternoon Tea followed by a late judo class and games. Sunday morning starts with breakfast then at 10:00 am Judo class before lunch, after lunch we have more games. Sunday afternoon we will have a competition with a medal presentation. Followed by Bar-be-Que and campfire circle in the woods.

Monday after breakfast we do judo while the complex is put back together. Pick-up at 12.00 noon.

Could all pick-ups be there before 12:00 noon on Monday the 30th May 2011?

It is the responsibility for each invited club to arrange transportation to and from the site

The Cost;

£50.00 per / Judoka, which will include a £5.00 tuck shop voucher (no refund given if not used).
£20.00 per Adult Helper for the weekend.

A £10.00 non-refundable deposit will be required to secure a place no later than April 25th 2011.
Please return the slip below with your deposit.

Please bring:

- 1). Sleeping bag
- 2). Air mattress or something soft to sleep on. (**ESSENTIAL**) The camp has no bedding.
- 3). Pillow
- 4). Change of clothes
- 5). Towel and washing equipment
- 6). Named Judo suit
- 7). Coat hanger (Essential) to hang up smelly Judo Suits.
- 8). Raincoat
- 9). A few cakes (Which will be gratefully received).
- 10). Packed lunch for Sat. noon. (Arrival Day)

11). Campfire story or joke.

Saturday May 28th Arrive at Hallowtree Scout Camp at 10.00a.m.

Monday May 30th Depart campsite at 12.00 a.m. noon.

PLEASE RETURN SIGNED MEDICAL CONSENT FORM, PHOTO CONSENT FORM, AND THE REMAINING BALANCE BY SAT. MAY 16TH.

Thanking you,

Organiser: Marshall Brooks 55 Black Street Martham Gt. Yarmouth Norfolk NR294PR
☎ 01493 740751 email: marshalleebrooks@hotmail.com, marshall.brooks@btopenworld.com

Make Cheques payable to: (Martham Judo Club)

PLEASE CUT ALONG LINE AND RETURN TO THE ADDRESS ABOVE

I wish my son / daughter _____ to attend the Judo camp weekend at

Hallowtree Scout Camp, Ipswich on the 28th-30th of May 2011.

Age: _____, Height: _____, Grade: _____, Approximate weight: _____

Contact number: _____ Name of club: _____

Signed, _____ I enclose a £10.00 non-refundable deposit.



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Judo Camp Weekend May 2011 MEDICAL CONSENT FORM

Dear Parent,

Could you please complete this medical consent form so that your child is covered for any unforeseen emergencies during our Judo weekend? We would like two telephone numbers of people we could contact if necessary.

For your information we will be staying at Hallowtree Scout Camp, Nacton, Ipswich. **Tel: 01473 714440.**

I give my consent for Marshall Brooks to act on my behalf to seek emergency medical advice and treatment for my child should it be considered necessary by our First Aid Team. If this situation should arise, parents will be notified as soon as possible.

Name of child: _____

Name and address of family Doctor(GP)

Address: _____

Name of school: _____

Home contact numbers (2) _____

Address: _____

Been to Hospital before yes/no? _____

Date: _____

Do you give permission to give paracetamol? Yes/No _____

Please give details below of any medical issues concerning your child that we should be aware of (i.e. allergies, medication requirements etc.). _____

Any medications should be given to Mrs Lin Myhill (ST. JOHN) with full instructions.

Parent or guardian please **Sign:** _____ **Date:** _____



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Judo Camp Weekend May 2011 PHOTO CONSENT FORM

I give my consent for photos to be taken of my child at Shimoto Ryu Judo Camp.
I give my consent for photos taken of my child to be placed on the club website
www.marthamjudoclub.co.uk and also added to newspaper reports of the Camp.

PRINT PLEASE

Name of Parent/Gardian giving consent: _____

Name of child: _____

Date: ___ / ___ /2011 Sign: _____